

APRIL IS NATIONAL CANCER SCREENING MONTH

Cancer can affect every person's life. Take time to protect yourself. Know the facts!

screening for cancer saves lives

SCREENING TEST	CANCER TYPE	AGE TO START	TIME FRAME	SKILL LEVEL
self testicle exam	testicular	18+	monthly	self
Pap test	cervix	18+	yearly	doctor or nurse practitioner
mammography	breast	40+	yearly	doctor or nurse practitioner and lab tech
clinical breast exam	breast	18+	yearly	doctor or nurse practitioner
self breast exam	breast	18+	monthly	self
occult blood in stool	colon/rectum	50+	yearly	self and send to lab
digital rectal exam	prostate gland	50+	yearly	doctor or nurse practitioner
colonoscopy	colon/rectum	50+	every 5 years	doctor
sigmoidoscopy	colon/rectum	50+	every 3–5 years	doctor
oral exam	oral	18+	yearly	dentist or doctor
PSA blood test	prostate gland	50+	per doctor	doctor and lab tech
pelvic exam	ovarian	18+	yearly	doctor or nurse practitioner
digital rectal exam	ovarian	18+	yearly	doctor or nurse practitioner
full body skin exam	skin	30+	yearly	doctor or nurse practitioner



THE FLORIDA DEPARTMENT OF HEALTH



SCREENING
FOR CANCER
EARLY,
SAVES LIVES.



EARLY DETECTION
INCREASES
THE CURE RATE.



ANNUAL EXAMS AND
X-RAYS FOR HIGH
RISK INDIVIDUALS
DETECT CANCER
EARLY, WHEN
TREATMENT IS
EFFECTIVE.



SCREENING IS
IMPORTANT,
BECAUSE MOST
CANCERS HAVE
NO SYMPTOMS.



FOR FURTHER
INFORMATION:

Florida Department of Health
Bureau of Chronic Disease Prevention
and Health Promotion
www.doh.state.fl.us/family/cancer

American Cancer Society
1-800-ACS-2345

National Cancer Institute
1-800-4-CANCER