

2006

STEP UP FLORIDA

Tasso	(386) 672-6464	Fun Walk to Tomoka Elementary	TBD
Michelle Hall	(386) 677-1200	Step into Shape - walk around neighborhood 1:00 to 1:45 P.M.	1000
Martin Vollebregt	(386) 670-9622	Aerobics, Pilates, Indoor Cycling, Water Exercises - 8:00 to 12:00 Noon	182
Barbara Newton & Paula Belfer	(386) 258-4669	Line Dancing - 8:50 to 1:00 P.M.	475
Beth Bazemore	(386) 322-6176	Fun Run 8:00 to 1:30 P.M.	450
Donna Mounts	(386) 258-4663 ext. 53376	Walk-A-Thon, staff & students walk one mile. 9:05 to 3:40 P.M.	700
Roy Lee	(386) 274-3400	Running and Walking activities - 8:40 to 1:40 P.M.	300
Marie Price	(386) 274-0617	Walk, Line Dancing, Staff "Olympics" - 9:00 to 12:00 noon	TBD
Lindsay Russell	(386) 254-4031	Walking around perimeter of hospital - 8:00 to 10:00 A.M.	20
Durenda Durrance	(386) 253-5675	Combination of fun and fitness - 9:00 to 10:00 A.M.	30
Chris Sides	(386) 671-3424	City of DB staff & students from TT Small will walk to Butts Park 11:00 A.M.	408
Celene Cone	(386) 299-9815	Corporate Challenge - 1:00 to 2:00 P.M.	
Charly Dodson	(386) 253-4700 ext. 259	Tai Chi, Belly Dancing, and Line Dancing	TBD
Nancy Homan	(386) 506-3838	Walk the fitness trail - 12:30 to 1:00 P.M.	20
Gloria Preston	(386) 238-4910	Fast walk over high rise bridges and back - 11:00 to 11:45 A.M.	6
Dr. Sharlene Barhoo		Walk - evening of 2/23/06	TBD
Edgar Scott & Linda McMunn	(386) 258-4667 ext. 53910	Biking for one hour and thirty minutes.	2
Bob LaPlante	(386) 575-4230	Dance-Dance Revolution & Fitness Obstacle Course. - 8:30 to 1:45 P.M.	1150
Justin Hampton	(386) 575-4150 ext. 43264	Students & Staff will walk a cross country mile trail - 9:10 to 3:25 P.M.	1450
Christy D'Aliso	(407) 328-5530	Walking / Jogging to music - 8:00 to 1:50 P.M.	975
John Washburn	(386) 789-7015	Obstacle Course - 8:25 to 1:45 P.M.	1038
Coach John O'Neil & Coach Debbie Smith	(386) 575-4221	Step-Up Timbercrest - 8:35 to 1:25 P.M.	854
Louise Gerbes	(386) 575-4133	Special exercises for the day - Would like flag.	866
Livia Horne	(386) 575-0367	Walk to the Park for Lunch - 12:00 noon	10
Kurt Jennings	(386) 775-5287	Running with Flag	TBD
Bobbi Whitacre & Aimee Bentley	(386) 575-4215	Annual Jump-a-thon 8:30 to 1:45 P.M.	800
Rocio Thompson	(386) 775-3121	Tai Chi & Aerobics (Include in route).	TBD
Celene Cone	(386) 299-9815	Corporate Challenge - 1:00 to 2:00 P.M.	
Mary Micelli	(386) 574-0060	Ballroom Dancing - 3:00 to 5:00 P.M.	20

