

## **Step Up, Florida Activities Polk County**

**Event:** Polk area Bicycling Association will be riding approx. 30 miles from the Lake Hollingsworth event site, through western Polk County, returning to the event site.

**Date:** February 20, 2007

**Time:**

**Location:** Roadway

**Contact:** Allan L. Richards

**Phone#:** (863)665-6782

**Email:** [allan7heavy@aol.com](mailto:allan7heavy@aol.com)

**Event:** Exhibit for Nutrition/activities for kids

**Date:** February 10, 2007

**Time:** 8:00am – 12:00pm

**Location:** 1702 Hwy 17-98 South  
Bartow, Florida

**Contact:** Joyce Tompkins

**Phone#:** (863)519-8677 ext. 114

**Email:** [j6256@ufl.edu](mailto:j6256@ufl.edu)

**Event:** Medical Screenings

**Date:** February 10, 2007

**Time:** 7:30am – 12:00pm

**Location:** 175 Lake Hollingsworth Dr.  
Lakeland, Florida

**Contact:** Carol Martin

**Phone#:** (863)680-7089

**Email:** [cmartin@watsonclinic.com](mailto:cmartin@watsonclinic.com)

**Event:** Blood Pressure Screenings

**Date:** February 10, 2007

**Time:** 8:00am – 12:00pm

**Location:** 175 Lake Hollingsworth Dr.  
Lakeland, Florida

**Contact:** Ronda Zucco

**Phone#:** (863)687-1055

**Email:** [Ronda.Zucco@LRMC.com](mailto:Ronda.Zucco@LRMC.com)

**Event:** Biking, Walking and Running. There will be a display table featuring crime prevention literature and safety tips related to the events. Will have give aways and Chappy on tricycle out sharing safety tips.

**Date:** February 10, 2007

**Time:**

**Location:** 175 Lake Hollingsworth Dr.  
Lakeland, Florida

**Contact:** Cindy Sharp

**Phone#:** (863)834-8917

**Email:** [cynthia.sharp@lakelandgov.net](mailto:cynthia.sharp@lakelandgov.net)

## **Step Up, Florida Activities Polk County**

**Event: \*POLK COUNTY'S GENERAL PROGRAM EVENT SCHEDULE**

**LOCATION:** 175 Lake Hollingsworth Dr., Lakeland

- 7:00 a.m. Set up & Registration at the First Presbyterian Church grounds
- 7:30 a.m. Opening Ceremonies/VFW Color Guard
- 7:35 a.m. Pledge of Allegiance / God Bless America
- 7:40 a.m. Welcome & Announcements
- 7:45 a.m. Invocation- Mike Loudon, Senior Pastor First Presbyterian Church
- 7:50 a.m. Road Bike Ride -Polk Area Bicycling Association

Events on the sidewalk by the lake will start right across the street from the church.

- 7:50 a.m. Roller-bladders
- 8:00 a.m. - noon Health Screenings, Exhibits/Displays and fun activities (church grounds)
- 8:00 a.m. Adult Runners
- 8:00 a.m. - 9:15 a.m. Water Sports
- 8:15 a.m. Young Runners
- 8:30 a.m. - 9: 45 a.m. Group Performances (church grounds)
- 8:35 a.m. Kids on bikes (lead by the doll "Chapel")
- 8:40 a.m. Walkers/ Wheel Chairs

The events below will take place at the church grounds.

- 9:45 a.m. -10:00am Cool down- Gold's Gym- North Lakeland
- 10:00 a.m. Proclamation – Mayor Pro Tem Glenn Higgins
- 10:10 a.m. Recognitions -Dr. Daniel Haight, Polk County Health Department Director
- 10:20 a.m.-11:40 a.m. Resume group performances and fun activities
- 11:50 a.m.-12:00 p.m. Grand Finale – Surprise!
- 12:00 p.m. Post- event clean up

\* Program event schedule subject to changes

**Date:** February 10, 2007

**Location:** 175 Lake Hollingsworth Drive  
Lakeland, Florida 33801

**Contact:** Sybil Reibling

**Phone#:** (863) 519-7900 ext. 1053

**Email:** [sybil\\_reibling@doh.state.fl.us](mailto:sybil_reibling@doh.state.fl.us)

## **Step Up, Florida Activities Polk County**

### **Event: \*POLK COUNTY'S GENERAL PROGRAM EVENT SCHEDULE**

8:30 a.m. Girls Inc. Champions of Winter Haven  
8:40 a.m. The Winter Haven Tai Chi Club  
9:00 a.m. Tinikling - Dale R. Fair Babson Park Elementary  
9:20 a.m. Tae Kwon Do School of Excellence from Lake Wales  
9:45 a.m. Cool Down- Mike Beecroft -Gold's Gym North Lakeland  
10:00 a.m. Proclamation – Mayor Pro Tem Glenn Higgins  
10:10 a.m. Recognitions -Dr. Daniel Haight, Polk County Health Dept. Director  
10:20 a.m. Belly Dancing - Kelly Recreation Center from Lakeland  
10:30 a.m. Senior Shape- Up - Kelly Recreation Center from Lakeland  
10:45 a.m. The Hampton Promenaders Square Dance Club from Auburndale  
11:00 a.m. Line Dancing from Auburndale

11:15 a.m. The Lakeland Anchorette Dance Team  
11:30 a.m. McLaughlin Middle School Steppers- MMS Step Team  
11:50 a.m. Grand Finale- Surprise!!!  
12:00 noon Post- event clean up

\* Schedule subject to changes

**Date:** February 10, 2007

**Location:** 175 Lake Holingsworth Drive (First Presbyterian Church Grounds)  
Lakeland, Florida

**Contact:** Sybil Reibling

**Phone#:** (863) 686-7187

**Email:** [sybil\\_reibling@doh.state.fl.us](mailto:sybil_reibling@doh.state.fl.us)

**Event:** Biking, Walking, Running and Dancing. I will be placing Sadie the Ladybug on display and handing out Program Information for Keep Polk County Beautiful.

**Date:** February 10, 2007

**Time:**

**Location:** 175 Lake Holingsworth Drive (First Presbyterian Church Grounds)  
Lakeland, Florida

**Contact:** Katie Perritt Chiappisi

**Phone#:** (863) 533-8423

**Email:** [Katie\\_perritt@yahoo.com](mailto:Katie_perritt@yahoo.com)

**Event:** Biking, Walking, Running, Dancing and Canoeing

**Date:** February 10, 2007

**Time:** 7:00am – 12:00pm

**Location:** 175 Lake Holingsworth Drive (First Presbyterian Church Grounds)  
Lakeland, Florida

**Contact:** Jennifer Jones

**Phone#:** (863) 533-8423

**Email:** [jennifer\\_jones@doh.state.fl.us](mailto:jennifer_jones@doh.state.fl.us)