



Mommy Time Out

Parents helping parents activity group.

- ⊕ **Activities**
- ⊕ **Stress Relief Tips**
- ⊕ **Baby Book Club and more!**

Where: Walton County Health Department
DeFuniak Springs

Date: Tuesday February 21, 2012

Times: 1:00pm Spanish and 3:00pm English

Where: Walton County Health Department
Coastal Branch -Santa Rosa Beach

Date: Wednesday February 22, 2012

Time: 1:00pm English and 3:00pm Spanish

For more information or RSVP please call (850)892-
8040 Ext 1178 or for Spanish ext. 1188

Dads and children are welcome. No day care available. FREE and open to the public.