



# **CORRECTIONAL MEDICAL AUTHORITY**

## **PHYSICAL & MENTAL HEALTH SURVEY**

of

## **LIBERTY CORRECTIONAL INSTITUTION**

in

**Bristol, Florida**

on

**November 8 - 9, 2010**

**CMA Physical Health Team Leader:**

Priscilla Wood, BS

**CMA Mental Health Team Leader:**

Jane Holmes-Cain, LCSW

**Physical Health Team Members:**

Marjorie Kirsch, MD  
Edward Zapert, DMD  
Steve Tomicich, ARNP  
Ann Panzarino, RN  
Sue Sims, RN

**Mental Health Team Member:**

Heather Allman, LCSW

**Distributed on November 17, 2010**

**CAP due date: December 17, 2010**

## DEMOGRAPHICS

The institution provided the following information in the Pre-survey Questionnaire.

INSTITUTIONAL INFORMATION			
Population	Type	Custody Level	Medical Level
1962	Male	Close	3

### Institutional Potential/Actual Workload

<b>Main Unit Capacity</b>	1,503	<b>Current Main Unit Census</b>	1270
<b>Satellite Units Capacity</b>	718	<b>Current Satellite Units Census</b>	692
<b>Total Capacity</b>	2,221	<b>Total Current Census</b>	1,962

### Inmates Assigned to Medical/Mental Health Grades

	1	2	3	4	<i>Impaired</i>	
<b>Medical Grade</b>	1307	375	309	0	0	
<b>Mental Health Grade</b>	<u>Mental Health Outpatient</u>			<u>MH Inpatient</u>		
<b>(S-Grade)</b>	1	2	3	4	5	<i>Impaired</i>
	1,960	31	0	NA	NA	0

### Inmates Assigned to Special Housing Status

<b>Confinement/ Close Management</b>	<i>DC</i>	<i>AC</i>	<i>PM</i>	<i>CM3</i>	<i>CM2</i>	<i>CM1</i>
	82	41	0	NA	NA	NA

# OVERVIEW

## **Institutional Description**

Liberty Correctional Institution (LIBCI) houses male inmates of minimum, medium, and close custody levels and is designated as a medical grade 3, psychological grade 2 facility. Health care services are also provided at Liberty Work Camp and Quincy Annex.

The overall scope of health services provided at LIBCI includes comprehensive medical, dental, mental health, and pharmaceutical services. Specific services include: health education, preventive care, chronic illness clinics, emergency care, mental health outpatient, and observation/infirmarary care as required.

The Correctional Medical Authority (CMA) conducted a thorough review of the medical, dental and mental health systems at LIBCI November 8 - 9, 2010. Record reviews evaluating the provision and documentation of care were also conducted. Additionally, a review of administrative processes and a tour of the physical plant were conducted.

## **Exit Conference and Final Report**

At the conclusion of the survey, the survey team conducted an exit conference with institutional personnel to discuss preliminary survey results. The findings and final conclusions presented in this report are a result of further analysis of the information collected during the survey. The suggested corrective action(s) included in this report should not be construed as the only action required to demonstrate correction, but should be viewed as a guide for developing a corrective action plan. Where recommended corrective actions suggest in-service training, a copy of the curriculum and attendance roster should be included in the corrective action plan files. Additionally, evidence of appropriate monthly monitoring should be included in the files for each finding. Unless otherwise specified, this monitoring should be conducted by an institutional clinician/peer and must be documented by a monthly compilation of the following:

- 1) The inmate names and DC numbers corresponding to the medical records reviewed;
- 2) The criteria/finding being reviewed;
- 3) An indication of whether the criteria/finding was met for each record reviewed;
- 4) The percentage of records reviewed each month complying with the criteria;
- 5) Back-up documentation consisting of copies of the relevant sections reviewed from the sampled records.

## **PHYSICAL HEALTH FINDINGS**

### **ADMINISTRATIVE PROCESSES REVIEW**

No findings were reported regarding administrative processes, infection control, and quality management.

### **INSTITUTIONAL TOUR**

The tour of the facilities revealed no issues; the surveyor noted that the kitchen, grounds, and dorms were clean and in order.

### **EPISODIC CARE REVIEW**

There were no issues found in the review of episodic care records.

### **DENTAL REVIEW**

Review of the dental clinic area revealed no significant findings.

### **CLINICAL SYSTEM REVIEW**

There were no findings resulting from a review of chronic illness clinic records, as noted in the table below; however, there is a discussion below regarding offering pneumovax to inmates who may benefit from the vaccination.

### **OTHER RECORD REVIEW**

There were no significant findings in the periodic screening, consultations and intra-system transfers. There was one issue regarding health records, as noted in the table below.

## HEALTH RECORD/OBIS REVIEW

Finding(s)	Suggested Corrective Action(s)
<b>PH-1: In 6 out of 10 records reviewed, the passes noted in OBIS were not found in the corresponding chart, as required.</b>	Provide in-service training to staff regarding the issue(s) identified in the Finding(s) column.  Create a monitoring tool and conduct monthly monitoring of no less than ten records to evaluate the effectiveness of corrections. Monitoring intervals may be modified to less often if results indicate appropriate compliance or correction.  Continue monitoring until closure is affirmed through the CMA corrective action plan assessment.

**General Discussion:** While pneumococcal vaccinations are readily available, out of approximately 140 chronic illness and periodic screening records reviewed, 16 records did not contain documentation that pneumovax was offered to inmates who may have benefited from the vaccine. While due to the small numbers this is not a finding that requires formal monitoring, it is recommended that staff review chronic illness charts as inmates come in for their routine appointments to determine if offering the vaccination is appropriate.

### **CONCLUSION**

Medical records at Liberty CI were very well organized, data entry efforts were timely and accurate, and administrative documents were appropriately maintained. Review of the inmate housing and food service areas revealed no negative findings. Staff appeared to be knowledgeable about procedures; all areas on the compound were clean and neat. Interviews with inmates, nursing staff, and security staff were consistently positive.

The institutional staff provided good clinical management and monitoring of inmates. It was also evident that security staff works very well with medical staff to ensure inmates receive the care they need. Overall the clinic staff, including medical and administrative, demonstrated their dedication to providing the required health care to the inmate population.

# MENTAL HEALTH FINDINGS

## OVERVIEW

Liberty Correctional Institution provides outpatient mental health services only. The following are the mental health grades used by the department to classify inmate mental health needs that are provided at LIBCI:

- S1 - Inmate requires routine care (sick call or emergency).
- S2 - Inmate requires ongoing services of outpatient psychology (intermittent or continuous).

## CLINICAL REVIEWS

<b>Self-Harm Observation Status (SHOS)</b>	
<b>Finding(s)</b>	<b>Suggested Corrective Action(s)</b>
<b>MH-1: In 3 of 4 records reviewed, verbal orders were not countersigned or dated within 96 hours.</b>	<p>Include documentation in the closure file that appropriate in-service training has been provided to staff regarding the issue in the Finding(s) column.</p> <p>Monitor a minimum of ten records (or all if less than ten records are available), weekly for compliance. Monitoring intervals may be modified to less often if the results indicate appropriate compliance or correction.</p> <p>Continue monitoring until closure is affirmed through the CMA corrective action plan assessment.</p>

**Outpatient Services**

<b>Finding(s)</b>	<b>Suggested Corrective Action(s)</b>
<b>MH-2: In 5 of 12 records reviewed, the inmate's signature was missing on the Individualized Service Plan.</b>	<p>Include documentation in the closure file that appropriate in-service training has been provided to staff regarding the issue in the Finding(s) column.</p> <p>Monitor a minimum of ten records (or all if less than ten records are available), weekly for compliance. Monitoring intervals may be modified to less often if the results indicate appropriate compliance or correction.</p> <p>Continue monitoring until closure is affirmed through the CMA corrective action plan assessment.</p>

**Access To Care – Inmate Request**

<b>Finding(s)</b>	<b>Suggested Corrective Action(s)</b>
<b>MH-3: In 3 of 9 records reviewed, consent for mental health treatment was not obtained prior to conducting an interview for an inmate request.</b>	<p>Include documentation in the closure file that appropriate in-service training has been provided to staff regarding the issue in the Finding(s) column.</p> <p>Monitor a minimum of ten records (or all if less than ten records are available), weekly for compliance. Monitoring intervals may be modified to less often if the results indicate appropriate compliance or correction.</p> <p>Continue monitoring until closure is affirmed through the CMA corrective action plan assessment.</p>

## **CONCLUSION**

The Liberty Correctional Institution mental health department consists of a Mental Health Specialist, a Sr. Mental Health Clinician and a mental health clerk. Mental health staff provides case management, individual and group counseling; they also provide evaluations for inmates in SHOS and confinement and respond to inmate requests and psychological emergencies. Evaluations were thorough and timely. Individualized Service Plans were relevant and completed in a timely manner. The majority of inmates interviewed expressed satisfaction with the mental health services. The mental health department at LIBCI is to be commended for the lack of findings in this report.

## **SURVEY PROCESS**

The goals of CMA surveys are to:

- Determine if the physical, dental and mental health care provided to inmates in all state and privately operated correctional institutions is consistent with state and federal law and is consistent with standards of care generally accepted in the professional health care community at large;
- Promote ongoing improvement in the correctional system of health services; and,
- Assist the Department of Corrections in identifying mechanisms to provide cost effective health care to inmates.

To achieve these goals, specific criteria designed to evaluate inmate care and treatment in terms of effectiveness and fulfillment of statutory responsibility are measured. They include determining if inmates:

- Have adequate access to medical and dental health screening and evaluation and to ongoing preventative and primary health care.
- Receive adequate and appropriate mental health screening, evaluation and classification.
- Receive complete and timely orientation on how to access physical, dental and mental health services.
- Have adequate access to medical and dental treatment that results in the remission of symptoms or in improved functioning.
- Receive adequate mental health treatment that results in or is consistent with the remission of symptoms, improved functioning relative to their current environment and reintegration into the general prison population as appropriate.
- Receive and benefit from safe and effective medication, laboratory, radiology, and dental practices and have access to timely and appropriate referral and consultation services.
- Are recipients of safe and effective psychotropic medication practices.
- Remain free from the inappropriate use of restrictive control procedures.
- Receive assessments and treatments sufficiently documented to provide a clear picture of the care provided.
- Are provided adequate care and treatment by a sufficient number of qualified staff.

To meet these objectives, the CMA contracts with a variety of licensed community and public health care practitioners, such as physicians, psychiatrists, dentists, nurses, psychologists and social workers. The survey process includes a review of the physical, dental and mental health systems; specifically, the existence and application of written policies and procedures, staff credentials, staff training, confinement practices, and a myriad of additional administrative issues. Individual case reviews are also conducted. The cases selected for review are representative of inmates who are receiving mental and/or physical health services (or who are eligible to receive such services).

Conclusions drawn by members of the survey team are based on several methods of evidence collection:

- Physical evidence – direct observation by members of the survey team (tours and observation of evaluation/treatment encounters)

- Testimonial evidence – obtained through staff and inmate interviews (and substantiated through investigation)
- Documentary evidence – obtained through reviews of medical/dental records, treatment plans, schedules, logs, administrative reports, physician orders, service medication administration reports, meeting minutes, training records, etc)
- Analytical evidence – developed by comparative and deductive analysis from several pieces of evidence gathered by the surveyor

Administrative (system) reviews generally measure whether the institution has policies in place to guide and direct responsible institutional personnel in the performance of their duties and if those policies are being followed. Clinical reviews of selected inmate medical, dental and mental health records measure if the care provided to inmates meets the statutorily mandated standard. Encounters of an episodic nature, such as sick call, an emergency, an infirmary admission, restraints or a suicide episode, as well as encounters related to a long-term chronic illness or on-going mental health treatment are also reviewed. Efforts are also made to confirm that administrative documentation, i.e., logs, consultation requests, medication administration reports, etc. coincides with clinical documentation.

Findings identified as a result of the survey may arise from a single event or from a trend of similar events. They may also involve past or present events that either had or may have the potential of compromising inmate health care. All findings identified in the body of the report under the physical or mental health sections require corrective action by institutional staff. Findings identified in the department section require corrective action by central office, security or program area staff.