



CORRECTIONAL MEDICAL AUTHORITY

PHYSICAL & MENTAL HEALTH SURVEY

of

MARTIN CORRECTIONAL INSTITUTION

in

Indiantown, Florida

on

April 17 - 20, 2001

INSTITUTIONAL STATISTICS PROVIDED CMA on April 9, 2001				
Population	Custody	Type	Maximum Capacity	Current Occupied Beds
Adult	Close	Male	1039	784

CMA Physical Health Team Leader:

Michael Traugott, B.S.

CMA Mental Health Team Leader:

Deborah McNamara, L.C.S.W.

Physical Health Team Members:

Ada Rivera, M.D.
Clyde Meckstroth, D.O.
Robert Weston, D.D.S.
Lori Monaghan, R.N.

Mental Health Team Members:

Sara Tirumalasetty, MD
Sandra Bauman, ARNP, PhD
Sherry Roth, PhD
Barry Morris, PhD
Kevin Huckshorn, RN

OVERVIEW

On April 20, 2001, the Correctional Medical Authority concluded a physical and mental health survey of Martin Correctional Institution (MATCI), located in Indiantown, Florida. At the time of the survey, MATCI served an adult male population of approximately 784 inmates assigned to medical grades 1 through 4, and impaired and psychological grades 1 through 3. MATCI was classified as a medical level 3 facility. Inmates requiring complex medical/dental care and psychotropic medication were housed at this institution.

Medical Grade	1	2	3	4	Impaired	
	489	192	99	9	7	
Psychological Grade	<u>Mental Health Outpatient</u>			<u>MH Inpatient</u>		
(S-Grade)	1	2	3	4	5	Impaired
	428	186	190	0	0	0
Confinement/ Close Management	DC	AC	PM	CM3	CM2	CM1
	26	20	86	83	68	67

The goal of the survey was to determine if the physical/dental and mental health care systems in place at the institution were consistent with the standards of care established by the CMA and with prevailing professional practice standards. For a detailed description of the survey goals and processes refer to the "Survey Process" section of this report.

There were obstacles to providing health care services at MATCI, many of which stemmed from the two-year process of privatizing Region 4 correctional health care. Most career service nurses had left for less tenuous employment situations and the majority of nursing service staff was provided by contract agencies. Deficiencies were identified in administrative functions and in clinical care, as well. Findings were reported in each area of episodic care, in all seven chronic illness clinics and in one of two mortalities.

The Mental Health Department at MATCI has experienced many changes since the last CMA review in 1996, notably in the reduced number of clinical staff. High caseloads appear to have contributed to the findings identified during this survey, such as late or incomplete documentation and minimal group therapy. Findings in the areas of outpatient treatment, suicide/self-injury prevention, psychotropic medication, and special housing indicate the need for corrective action to ensure that adequate mental health treatment is provided for the difficult inmate population housed at MATCI. Refer to the Mental Health Section of this report for details on these findings.

At the conclusion of the survey, an exit conference was held on site department staff to discuss the preliminary findings of the team members. The physical health and mental health sections of this report reflect the findings and final conclusions drawn following an

analysis of the information collected during the survey. Where recommended corrective actions are provided, these recommendations should not be construed as the only action required to demonstrate corrections, but should be viewed as guidance for development of a corrective action plan.