





## INSTRUCTIONS

### RECORD OF CIGUATERA INTOXICATION

Please fill in the blank spaces as indicated, using one letter for each square. The following refer to those sections in the form that need to be completed in a specific manner:

- Do not write in the gray-shaded spaces marked with an asterisk.
- **Victim's age:** write the number of years to the last birthday.
- **Victims sex:** write M for masculine, F for feminine.
- **Toxic animal eaten on :** Write the corresponding numbers for the year, month, day and time, to the approximate minute. The same applies for First symptoms felt at.
- **Place:** Indicate the locality where the toxic fish was ingested.
- **Establishment:** If the toxic fish was consumed in a restaurant or in any other commercial establishment, write the name of the business on this line. If the fish was caught, received as a gift or purchased uncooked, fill in the information on page 2 of the Ciguafile form.
- **Time differential:** Write the elapsed time, in hours and minutes, from the ingestion of the toxic fish to the onset of the first symptoms.
- **Illness lasted:** Fill in the duration of the symptoms of intoxication.
- **Symptoms recur ? :** Write Y for affirmative, N for negative.
- **How often ? :** Complete with the number of days and hours between the recurrence of the symptoms of ciguatera.
- **Previous history of fish poisoning.** Write how many times, starting with this one, has the victim suffered ciguatera poisoning.
- **SYMPTOMS :** Fill in ONE square only for each symptom. Under the YES column write 1 if the victim volunteered the information, or write 2 if the interviewer inquired about the symptom. Fill in with 3 under the UNSURE column only when the victim expresses uncertainty about the symptoms experienced.

---

## INSTRUCTIONS

CIGUAFILE

PAGE 2

- Fill in any unusual symptoms not listed, on the blank open lines numbered 17 to 19.
- **Allergies or sensitivities:** Write in these blanks any of the victims' susceptibilities or allergic reactions to antibiotics, drugs, food, animals or environmental agents.
- **Species of fish ingested:** Fill in local common name of toxic fish. If fish is reliably identified, write its scientific name. If known, indicate length and weight of fish. Fill in the corresponding initial if the fish was caught (C), purchased (P) or a gift (G). If caught or purchased uncooked, fill in locality and name of commercial establishment, respectively.
- **Part of fish eaten:** Indicate part of toxic animal eaten: whole fish, filet, mid-section, roe, etc.
- **Aproximate weight of portion:** Fill in weight of portion ingested, in ounces.
- **Mode of preparation:** Write form in which fish was cooked or prepared prior to ingestion.
- **Was alcohol consumed ?** : Write Y for affirmative, N for negative, if any form of alcoholic beverage accompanied the ingestion of the toxic fish, or was taken within two hours of it. If affirmative, indicate the type of beverage in the next blank, using the corresponding initial.
- In the next blanks, indicate respectively: the total number of individuals that ate from the same toxic animal; the number of individuals that suffered symptoms of intoxication, including below their names, addresses and phone numbers.
- Fill in the rest of the blank spaces with the corresponding information.
- Your careful attention to the accurate completion of this form, is appreciated. The compiled information will be processed statistically and will help in the understanding of ciguatera poisoning.