

Your Guide To Eating Fish Caught In Florida

Fish Consumption Advisories are published periodically by the State of Florida to alert consumers about the possibility of chemically contaminated fish in Florida waters. The advisories are meant to inform the public of potential health risks of specific fish species from specific water bodies.

2009



Florida Department of Health

Prepared in cooperation with the Florida Department of Environmental Protection and Agriculture and Consumer Services, and the Florida Fish and Wildlife Conservation Commission

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For further assistance please contact the Division of Environmental Health at (850) 245-4250

Eat Healthy, Eat Smart

Eating Fish is an important part of a healthy diet. Rich in vitamins and low in fat, fish contains protein we need for strong bodies. It is also an excellent source of nutrition for proper growth and development. In fact, the American Heart Association recommends that you eat two meals of fish or seafood every week.

At the same time, most Florida seafood has low to medium levels of mercury.

Depending on the age of the fish, the type of fish, and the condition of the water the fish lives in, the levels of mercury found in fish are different.

While mercury in rivers, creeks, ponds, and lakes can build up in some fish to levels that can be harmful, most fish caught in Florida can be eaten without harm.

Florida specific guidelines make eating choices easier. To lower the risk of harm from mercury found in fish caught in Florida, guidelines based on tests of various freshwater, marine and estuarine water bodies are enclosed. This information should be used by everyone to determine the type and amount of fish to eat or avoid.

Extra guidelines for women and young children. For most people, the risk of eating fish exposed to mercury is not a health concern. However, developing fetuses and young children are more sensitive to the harmful effects mercury has on the brain than other people. As a result, women of childbearing age and young children should eat less fish than all others to avoid the higher health risks.

Eating fish from commercial, untested or unknown sources. Some fish you eat may not have been caught from water bodies tested for mercury. In cases where women of childbearing age, and young children do not know if the fish has been tested, or when it has been purchased from a store or restaurant, they should:

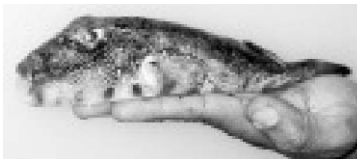
- o Not eat Shark, Swordfish, King Mackerel, or Tilefish because they contain high levels of mercury.
- o Eat up to 12 ounces a week of a variety of fish and shellfish that are lower in mercury. Commonly eaten seafood that are low in mercury include Shrimp, canned Light Tuna, Salmon, Pollock, and Catfish **OR**
- o Only eat one 6 ounce meal per month of Largemouth bass, Bowfin and Gar **OR**
- o Eat up to 6 ounces of Albacore Tuna per week and a second meal of a fish low in mercury, since Albacore ("White Tuna") has more mercury than canned Light Tuna **OR**
- o Eat up to 6 ounces of fish per week from local water bodies not listed in the brochure.

How much fish is considered a meal portion? A meal is 6 ounces of cooked fish.

How would I determine the maximum amount of fish to eat each month? Based on recommendations in the charts, the amount of fish eaten from each water body should be added together to figure the maximum amount of fish to eat monthly. Fish from commercial, untested, or unknown sources should also be included when figuring the total amount of fish consumed each month.

Most freshwater fish caught in Florida can be eaten without harm. Bream (such as Bluegill, Redear sunfish, Redbreast sunfish or Spotted sunfish) and marine fish such as Mullet, Snappers, Pompano, Flounder, and Dolphin are generally low in mercury. Review the list of water bodies in this brochure to learn which fish can be consumed regularly and which should be avoided.

AVOID PUFFER OR SUFFER



Do not eat puffer fish caught in the Indian River Lagoon and from waters in Volusia, Brevard, Indian River, St. Lucie and Martin Counties. These include the southern puffer, northern puffer, marbled puffer, bandtail puffer, checkered puffer and least puffer. Eating Puffer fish (also called Blowfish) can cause saxitoxin poisoning which can lead to neurological symptoms such as tingling, burning, numbness, drowsiness, incoherent speech and difficulty breathing. In severe cases, the poisoning can cause death. **Cooking or cleaning the fish will not destroy**

the toxin. This toxin also has no taste, color or smell. If you experience any of the symptoms mentioned, contact your physician or visit the emergency room immediately.

The Florida Fish and Wildlife Conservation Commission prohibits the harvesting of puffer fish from the Indian River Lagoon and all other Florida waters of Brevard, Martin, Indian River, Volusia, and St. Lucie Counties.

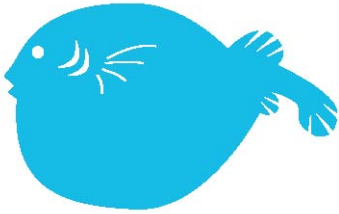


Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Alafia River	Hillsborough, Polk	Spotted sunfish	One per month	One per week
		Largemouth bass,	One per month	One per month
		Bowfin, Gar		
Alapaha River	Hamilton	Redear sunfish, White catfish	One per week	Two per week
		Bluegill, Brown bullhead,	One per month	One per week
		Channel catfish, Redbreast sunfish		
		Black crappie, Largemouth bass, Bowfin, Gar	One per month	One per month
Alligator Lake	Columbia	Bluegill	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	Two per week
Alligator Lake	Osceola	Redear sunfish	One per month	Two per week
		Bluegill	One per month	One per week
		Black crappie	One per month	One per month
		Channel catfish, Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Anclote River	Pasco	Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Apalachicola River	Calhoun, Franklin,	Blue catfish, Bluegill, Redbreast sunfish	Two per week	Two per week
	Gadsden, Gulf, Jackson, Liberty	Redear sunfish, Spotted sunfish	One per month	Two per week
		Flathead catfish, Largemouth bass, Bowfin, Gar, Striped bass	One per month	One per week
Aucilla River	Jefferson, Madison, Taylor	Redbreast sunfish	One per month	Two per week
		Largemouth bass,	One per month	One per month
		Bowfin, Gar, Spotted sunfish		
Banana Lake	Polk	Black crappie, Bluegill,	Two per week	Two per week
		Redear sunfish		
		Largemouth bass,	One per month	Two per week
		Bowfin, Gar		
Barron River	Collier	Largemouth bass less than 14 inches	One per month	Two per week
		Largemouth bass 14 inches or more, Bowfin, Gar	DO NOT EAT	DO NOT EAT
Bear Lake	Santa Rosa	Bluegill	Two per week	Two per week
		Largemouth Bass	One per week	
Bear Lake	Orange	Redear sunfish	One per week	Two per week
		Bluegill	One per week	One per week
		Largemouth bass,	One per month	One per month
		Bowfin, Gar		
Bethel Lake	Volusia	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass,	One per month	One per week
		Bowfin, Gar		

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Big Cypress Preserve	Collier	Florida gar, Warmouth	One per month	One per month
		Largemouth bass less than 14 inches	DO NOT EAT	One per month
		Largemouth bass 14 inches or more, Bowfin	DO NOT EAT	DO NOT EAT
Big Sand Lake	Orange	Bluegill	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Black Creek Canal (C-1)	Miami-Dade	Bluegill, Butterfly bass, Mayan cichlid, Redear sunfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Blackwater River	Okaloosa, Santa Rosa	Bluegill, Redear sunfish	One per week	Two per week
		Longear sunfish, Spotted sunfish	One per month	Two per week
		Warmouth	One per month	One per week
		Chain pickerel, Gar	One per month	One per month
		Largemouth bass, Bowfin		
		Shadow bass	DO NOT EAT	One per month
Blue Cypress Lake	Indian River	Bluegill, Redear sunfish, White catfish	One per month	Two per week
		Black crappie, Largemouth bass, Bowfin, Gar	One per month	One per month
Bonnet Lake	Polk	Largemouth bass, Bowfin, Gar	One per month	Two per week
Braden River-Ward Lake	Manatee	Largemouth bass, Bowfin, Gar	One per month	Two per week
Brick Lake	Osceola	Bluegill	One per month	One per week
		Warmouth	One per month	One per month
		Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
		Chain pickerel	DO NOT EAT	DO NOT EAT
Buck Lake	Brevard	Redear sunfish	One per week	Two per week
		Bluegill, Bowfin	One per month	One per week
		Largemouth bass, Gar	DO NOT EAT	One per month
Butler Chain of Lakes (Lakes Down, Butler, Bessie, Louise, Palmer Chase, Tibet, Sheen, Pocket, and Little Fish)	Orange	Bluegill	One per week	Two per week
		Black crappie, Redear sunfish	One per week	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
C-9 (Snake Creek Canal)	Palm Beach	Bluegill, Mayan cichlid, Redear sunfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
C-16 Canal (Boynton Canal)	Palm Beach	Bluegill, Mayan cichlid, Redear sunfish	Two per week	Two per week
		Largemouth bass less than 14 inches	One per month	One per week
		Largemouth bass 14 inches or more, Bowfin, Gar	DO NOT EAT	DO NOT EAT

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LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
C-44 Canal (St. Lucie Canal)	Martin	Largemouth bass,	One per month	Two per week
		Bowfin, Gar		
C-51 Canal	Miami-Dade	Bluegill, Largemouth bass, Bowfin, Gar, Mayan cichlid, Redear sunfish	Two per week	Two per week
C-100	Miami-Dade	Redear sunfish	Two per week	Two per week
C-111 Canal (Aerojet Canal)	Miami-Dade	Redear sunfish	One per week	Two per week
		Mayan cichlid	One per month	Two per week
		Largemouth bass less than 14 inches	One per month	One per week
		Largemouth bass 14 inches or more, Bowfin, Gar	DO NOT EAT	DO NOT EAT
Caloosa Fish Management Area	Palm Beach	Channel catfish, Largemouth bass, Bowfin, Gar, Mayan cichlid	Two per week	Two per week
Caloosahatchee River	Glades, Hendry, Lee	Largemouth bass, Bowfin, Gar	One per month	One per week
Chassahowitzka River	Citrus	Largemouth bass, Bowfin, Gar	One per month	One per month
Cherry Lake	Lake	Redear sunfish	Two per week	Two per week
		Bluegill	One per month	Two per week
		Black crappie, Brown bullhead, Largemouth bass	One per month	One per week
		Bowfin, Gar		
Cherry Lake	Madison	Bluegill	One per week	One per week
		Warmouth	One per month	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Chipola River	Calhoun, Gulf, Jackson	Bluegill, Redbreast sunfish, Spotted sunfish	One per week	Two per week
		Redear sunfish, Yellow bullhead	One per month	Two per week
		Largemouth bass, Bowfin, Gar, Shadow bass	One per month	One per week
Choctawhatchee River	Bay, Holmes, Walton, Washington	Bluegill, Redear sunfish	One per month	Two per week
		Redbreast sunfish, Spotted sunfish, Warmouth, Flathead Catfish	One per month	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
Colt Creek	Polk	Bluegill	Two per week	Two per week
		Redear sunfish		
		Largemouth Bass	One per week	Two per week
Compass Lake	Jackson	Largemouth bass, Bowfin, Gar	One per month	One per month

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LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Corbett WMA	Palm Beach	Largemouth bass, Bowfin, Gar	One per month	One per month
Cowpen Lake	Putnam	Bluegill, Redear sunfish	One per month	One per week
		Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Crescent Lake	Flagler, Putnam	Redbreast sunfish	Two per week	Two per week
		Bluegill	One per week	Two per week
		Largemouth bass, Black crappie, Bowfin, Gar	One per month	One per week
Crooked Lake	Polk	Bluegill	One per month	Two per week
		Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Crooked River	Franklin	Bluegill	One per month	Two per week
		Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Crystal River	Citrus	Largemouth bass, Bowfin, Gar	One per month	One per week
Cue Lake	Putnam	Largemouth bass, Bowfin, Gar	One per month	One per month
Dead Lake	Flagler	Black crappie, Bluegill, White catfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
Deerpoint Reservoir	Bay	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
Dinners Lake	Highlands	Redear sunfish	One per week	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Doctors Lake	Clay	Bluegill, Redbreast sunfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar		
		White catfish	One per week	One per week
Double Pond	Holmes	Largemouth bass, Bowfin, Gar	One per month	One per week
Eagle Lake	Hamilton	Bluegill	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
East Lake Tohopekaliga	Osceola	Bluegill, Redear sunfish, Black crappie, Chain pickerel, Warmouth	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Econfina River	Taylor	Redbreast sunfish, Spotted sunfish	One per month	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per month

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Econlockhatchee River	Orange, Seminole	White catfish	Two per week	Two per week
		Redbreast sunfish	One per month	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
Edward Medard Reservoir	Hillsborough	Channel catfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
Emeralda Marsh WMA [See advisory in Table 3 for pesticides]	Lake	Largemouth bass, Bowfin, Gar	One per week	Two per week
Equaloxic Creek	Liberty	Bluegill, Redear sunfish	One per month	Two per week
		Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Escambia River [See advisory in Table 3 for PCBs]	Escambia, Santa Rosa	Bluegill, Redear sunfish	One per month	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
		Warmouth	One per month	One per month
Everglades National Park: Shark River Slough south of Tamiami Trail, including Harney and Shark Rivers and Tarpon Bay and its tributaries (Squawk, Rookery, North Prong, & Otter Creeks)	Miami-Dade, Monroe	Redear sunfish	One per month	Two per week
		Bluegill	One per month	One per week
		Mayan cichlid	One per month	One per month
		Common snook, Largemouth bass less than 14 inches, Spotted sunfish, Yellow bullhead	DO NOT EAT	One per month
		DO NOT EAT	DO NOT EAT	
Everglades National Park: Nine Mile Pond	Miami-Dade	Mayan cichlid	One per month	One per week
		Largemouth bass less than 14 inches	One per month	One per month
		Largemouth bass 14 inches or more, Bowfin, Gar	DO NOT EAT	One per month
Everglades National Park: from Cape Sable to the northern boundary of the park (except Shark River Slough)	Monroe	Common snook, Largemouth bass less than 14 inches	One per month	One per week
		Largemouth bass 14 inches or more, Bowfin, Gar	DO NOT EAT	DO NOT EAT
Faka Union Canal	Collier	Redear sunfish	Two per week	Two per week
		Bluegill, Mayan cichlid, Warmouth	One per month	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per month

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Farm 13 Reservoir	Indian River	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass,	One per month	One per week
		Bowfin, Gar		
Fenholloway River	Taylor	Bowfin	One per month	Two per week
Fisheating Creek	Glades, Highlands	Bluegill	One per month	One per month
		Largemouth bass,	DO NOT EAT	One per month
		Bowfin, Gar		
Fox Lake	Brevard	Brown bullhead, Redear sunfish	Two per week	Two per week
		Black crappie, Bluegill	One per week	Two per week
		Largemouth bass,	One per month	One per week
		Bowfin, Gar		
Gadsden Park, Tampa	Hillsborough	Bluegill	One per week	One per week
		Largemouth bass,	DO NOT EAT	One per month
		Bowfin, Gar		
Grasshopper Lake	Marion	Bluegill	One per month	One per month
		Largemouth bass,	DO NOT EAT	DO NOT EAT
		Bowfin, Gar		
Grassy Lake	Highlands	Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass,	DO NOT EAT	One per month
		Bowfin, Gar		
Halfmoon Lake	Marion	Bluegill	One per month	Two per week
		Redear sunfish	One per month	One per week
		Largemouth bass,	DO NOT EAT	One per month
		Bowfin, Gar		
Hardee Lakes #1-4	Hardee	Black crappie	Two per week	Two per week
		Largemouth bass, Bowfin, Gar		
		Channel catfish	One per week	One per week
Haul Road Pit (Mosaic FMA)	Polk	Largemouth bass,	Two per week	Two per week
		Bowfin, Gar		
Higginbotham Lake	Putnam	Largemouth bass,	DO NOT EAT	DO NOT EAT
		Bowfin, Gar		
Hillsborough Canal	Palm Beach	Bluegill, Mayan cichlid, Redear sunfish	Two per week	Two per week
		Largemouth bass,	One per month	One per month
		Bowfin, Gar		
Hillsborough River	Hillsborough	Redbreast sunfish	One per week	Two per week
		Bluegill		
		Redear sunfish, Spotted sunfish, Warmouth	One per month	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
Holeyland Wildlife and Environment Area	Palm Beach	Bluegill, Mayan Cichlid,	One per month	One per week
		Redear sunfish		
		Largemouth bass less than 14 inches	One per month	One per month
		Largemouth bass 14 inches or more, Bowfin, Gar	DO NOT EAT	DO NOT EAT
Holly Chain of Lakes including Lakes Ella and Holly	Lake	Bluegill	One per week	Two per week
		Redear sunfish	One per month	Two per week
		Chain pickerel	One per month	One per week
		Black crappie, Largemouth bass, Bowfin, Gar	One per month	One per month
Holmes Creek	Washington	Largemouth bass,	One per month	One per month
		Bowfin, Gar		

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Huguenot Pond	Duval	Bluegill	Two per week	Two per week
Hungryland WEA	Palm Beach	Largemouth bass, Bowfin, Gar	DO NOT EAT	DO NOT EAT
Hunters Lake	Hernando	Redear sunfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
		Black crappie	DO NOT EAT	DO NOT EAT
Hurricane Lake	Okaloosa	Bluegill, Redear sunfish	Two per week	Two per week
Jacks Lake	Lake	Largemouth bass, Bowfin, Gar	One per month	One per month
Johns Lake	Lake	Bluegill	One per week	Two per week
		Black crappie, Largemouth bass, Bowfin, Gar, Redear sunfish	One per month	One per week
Karick Lake	Okaloosa	Bluegill	Two per week	Two per week
		Largemouth Bass	One per week	Two per week
Kenansville Lake	Brevard	Black crappie, Bluegill, Redear sunfish, White catfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
Kirby Mine	Madison	Largemouth bass, Bowfin, Gar	One per month	One per week
Kissimmee River	Highlands, Okeechobee, Osceola, Polk	White catfish	One per week	Two per week
		Black crappie, Bluegill, Redear sunfish, Spotted sunfish	One per month	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Koch Property	Sarasota	Redear sunfish	Two per week	Two per week
		Largemouth Bass	One per month	
L-8 Canal	Palm Beach	Bluegill, Channel catfish, Mayan cichlid, Redear sunfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
Krome Avenue Canal (L-30)	Miami-Dade	Bluegill, Mayan cichlid, Redear sunfish	One per month	One per week
		Largemouth bass less than 14 inches	DO NOT EAT	One per month
		Largemouth bass 14 inches or more, Bowfin, Gar	DO NOT EAT	DO NOT EAT
L-31 Canal	Miami-Dade	Largemouth bass less than 14 inches	One per month	One per week
		Largemouth bass 14 inches or more, Bowfin, Gar	DO NOT EAT	DO NOT EAT
Lake Agnes	Polk	Bluegill	Two per week	Two per week
		Redear sunfish	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Alto	Alachua	Redear sunfish	Two per week	Two per week
		Bluegill	One per week	Two per week
		Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Lake Annie	Highlands	Largemouth bass, Bowfin, Gar	DO NOT EAT	DO NOT EAT
Lake Apopka	Lake, Orange	Black crappie, Bluegill, Largemouth bass, Bowfin, Gar, Redear sunfish	Two per week	Two per week
[See advisory in Table 3 for pesticides]				

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LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Apthorpe	Highlands	Redear sunfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Arbuckle	Polk	Bluegill	One per week	Two per week
		Redear sunfish, Warmouth	One per month	Two per week
		Black crappie	One per month	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Ashby	Volusia	Bluegill	One per week	Two per week
		Redear sunfish	One per month	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
		Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Baldwin	Orange	Largemouth bass, Bowfin, Gar	One per month	Two per week
Lake Berry	Orange	Bluegill, Redbreast sunfish, Redear sunfish, Warmouth	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
		Black crappie	One per month	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Beauclair	Lake	Black crappie, Bluegill, Brown bullhead, Redear sunfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
Lake Bessie	Orange	Bluegill	One per week	Two per week
		Black crappie, Redear sunfish	One per week	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
		Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Broward	Putnam	Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Bryant	Marion	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Buffum	Polk	Channel catfish	Two per week	Two per week
		Redear sunfish	Two per week	Two per week
		Bluegill	Two per week	Two per week
		Black crappie	One per month	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Butler	Orange	Bluegill	One per week	Two per week
		Black crappie, Redear sunfish	One per week	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
		Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Butler	Union	Black crappie, Bluegill, Redear sunfish	One per week	Two per week
Lake Cannon	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	Two per week
Lake Charlotte	Highlands	Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Lake Charles	Marion	Bluegill, Redear sunfish	One per month	Two per week

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LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Chase	Orange	Bluegill	One per week	Two per week
		Black crappie, Redear sunfish	One per week	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Clinch	Polk	Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Conway	Orange	Bluegill, Redear sunfish	Two per week	Two per week
		Chain pickerel	One per month	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Crosby	Bradford	Bluegill	One per month	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Cypress	Osceola	Bluegill, Redear sunfish	Two per week	Two per week
		Chain pickerel, Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Daugherty	Volusia	Bluegill	One per week	Two per week
		Redear sunfish, Warmouth	One per month	One per week
		Black crappie	One per month	One per month
		Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Lake Deaton	Sumter	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
Lake Delancy	Marion	Bluegill	One per week	Two per week
		Black crappie	One per month	One per week
		Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Lake Delevee	Broward	Redear sunfish	One per week	One per week
		Bluegill, Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Dexter	Polk	Brown bullhead, Redear sunfish, White catfish	Two per week	Two per week
		Black crappie, Bluegill	One per week	Two per week
		Warmouth	One per month	Two per week
		Largemouth bass, Bowfin, Gar, Yellow bullhead	One per month	One per week
Lake Dias	Volusia	Redear sunfish	Two per week	Two per week
		Bluegill	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*		
Lake Disston	Flagler	Bluegill	One per week	Two per week		
		Redear sunfish	One per month	One per week		
		Black crappie, Warmouth	One per month	One per month		
		Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month		
Lake Dora	Lake	Black crappie, Bluegill, Brown bullhead, Redear sunfish	Two per week	Two per week		
		Largemouth bass, Bowfin, Gar	One per week	Two per week		
		Lake Dorr	Lake	Bluegill, Redear sunfish	One per week	Two per week
				Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Down	Orange	Bluegill	One per week	Two per week		
		Black crappie, Redear sunfish	One per week	One per week		
		Largemouth bass, Bowfin, Gar	One per month	One per month		
		Lake Eaton	Marion	Bluegill	One per week	Two per week
Redear sunfish, Warmouth	One per month			Two per week		
Black crappie, Largemouth bass, Bowfin, Gar	One per month			One per week		
Lake Eldorado	Lake			Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
		Lake Ella	Lake	Bluegill	One per week	Two per week
Redear sunfish	One per month			Two per week		
Chain pickerel	One per month			One per week		
Black crappie, Largemouth bass, Bowfin, Gar	One per month			One per month		
Lake Ellen	Wakulla			Black crappie	One per month	Two per week
		Lake Eloise	Polk	Bluegill, Redear sunfish	Two per week	Two per week
				Black crappie	One per week	Two per week
Largemouth bass, Bowfin, Gar	One per month			Two per week		
Lake Estelle	Orange	Largemouth bass, Bowfin, Gar	One per month	One per week		
		Lake Eustis	Lake	Black crappie, Bluegill, Brown bullhead, Redear sunfish	Two per week	Two per week
Largemouth bass, Bowfin, Gar	One per week			Two per week		
Lake Eva	Polk			Bluegill	Two per week	Two per week
		Redear sunfish				
Lake Fairview	Orange	Black crappie	One per week	Two per week		
		Bluegill, Redear sunfish	Two per week	Two per week		

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Francis	Highlands	Redear sunfish	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Frederica	Orange	Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Lake Garfield	Polk	Bluegill	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	Two per week
Lake Gentry	Osceola	Redear sunfish	One per week	Two per week
		Black crappie, Bluegill, Warmouth	One per month	One per week
		Chain pickerel, Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Lake George	Lake, Marion, Putnam, Volusia	Black crappie, Bluegill, Brown bullhead, Striped bass	Two per week	Two per week
		Redear sunfish	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
		Redbreast sunfish, Warmouth	One per month	One per week
Lake Georges	Putnam	Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Lake Glenada	Highlands	Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Glona	Lake	Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Lake Griffin	Lake	Black crappie, Bluegill Redbreast sunfish, Redear sunfish, Warmouth	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
Lake Hamilton	Polk	Redear sunfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	Two per week
Lake Hampton	Bradford	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie, Largemouth bass, Bowfin, Gar	One per month	Two per week
		Chain pickerel	One per month	One per week
Lake Hancock	Polk	Blue tilapia Bluegill Brown bullhead	Two per week	Two per week
Lake Harney	Seminole, Volusia	Black crappie, Brown bullhead, Channel catfish, White catfish	Two per week	Two per week

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Harris	Lake	Black crappie, Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass,	One per month	Two per week
		Bowfin, Gar		
Lake Hart	Orange	Bluegill, Redear sunfish	One per month	One per week
		Black crappie, Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Lake Hartridge	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	Two per week
Lake Hatchineha	Osceola	Redear sunfish	Two per week	Two per week
		Bluegill	One per week	Two per week
		Black crappie	One per month	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Hellen Blazes	Brevard	Black crappie, Brown bullhead, Channel catfish, White catfish	Two per week	Two per week
		Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass,	One per month	One per week
		Bowfin, Gar		
Lake Hicpochee	Glades	Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Holly	Lake	Bluegill	One per week	Two per week
		Redear sunfish	One per month	Two per week
		Chain pickerel	One per month	One per week
		Black crappie, Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Howard	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black Crappie	One per week	Two per week
		Largemouth Bass, Bowfin, Gar	One per month	Two per week
Lake Huntley	Highlands	Largemouth bass, Bowfin, Gar	DO NOT EAT	DO NOT EAT
Lake Iamonia	Leon	Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass,	One per month	One per week
		Bowfin, Gar		
Lake Ida, Lake Osborne, E-4 Canal	Broward, Palm Beach	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass,	One per week	Two per week
		Bowfin, Gar		

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Idylwild	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black Crappie	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	Two per week
Lake Istokpoga	Highlands	Bluegill, Redear sunfish	One per week	Two per week
		White catfish	One per month	Two per week
		Black crappie, Largemouth bass less than 15 inches	One per month	One per week
		Largemouth bass 24 inches or more, Bowfin, Gar	DO NOT EAT	One per month
Lake Ivanhoe	Orange	Bluegill, Largemouth bass, Bowfin, Gar, Redear sunfish	Two per week	Two per week
Lake Jackson	Highlands	Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Jackson	Walton	Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Lake Jesse	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black Crappie	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	Two per week
Lake Jessup	Seminole	Black crappie, Bluegill	Two per week	Two per week
		Redear sunfish	One per week	One per week
		Largemouth bass, Bowfin, Gar	One per month	Two per week
Lake Joanna	Lake	Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Josephine	Highlands	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie	One per month	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Lake June-in-Winter	Highlands	Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Lake Juniper	Walton	Redear sunfish	Two per week	Two per week
		Bluegill	One per week	Two per week
		Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Lake Kerr	Marion	Bluegill	One per week	Two per week
		Black crappie, Redear sunfish	One per month	Two per week
		Largemouth bass less than 15 inches, Warmouth	One per month	One per week
		Largemouth bass 24 inches Or more, Bowfin, Gar	DO NOT EAT	One per month
Lake Kissimmee	Osceola, Polk	Brown bullhead, Redear sunfish	Two per week	Two per week
		Bluegill	One per week	Two per week
		Black crappie	One per month	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Lancaster	Orange	Largemouth bass, Bowfin, Gar	One per month	One per week

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Lillian	Highlands	Largemouth bass,	One per month	One per month
		Bowfin, Gar		
Lake Livingston	Polk	Warmouth	One per month	Two per week
		Bluegill, Largemouth bass,	One per month	One per week
		Bowfin, Gar		
		Black crappie	DO NOT EAT	One per month
Lake Lochloosa	Alachua	Black crappie, Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass less than 15 inches	One per week	Two per week
		Warmouth	One per month	Two per week
		Largemouth bass 24 inches or greater, Bowfin, Gar	One per month	One per week
Lake Louisa	Lake	Brown bullhead	One per month	Two per week
		White catfish	One per month	One per week
		Bluegill, Channel catfish	One per month	One per month
		Largemouth bass,	DO NOT EAT	One per month
		Bowfin, Gar, Yellow bullhead		
Lake Louise	Orange	Bluegill	One per week	Two per week
		Black crappie,	One per week	One per week
		Redear sunfish		
		Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Lowery	Polk	Largemouth bass,	One per month	One per week
		Bowfin, Gar		
Lake Lucien	Orange	Largemouth bass,	One per month	One per month
		Bowfin, Gar		
Lake Lulu	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black Crappie	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	Two per week
Lake Maitland	Orange	Bluegill, Redbreast sunfish,	Two per week	Two per week
		Redear sunfish, Warmouth		
		Largemouth bass,	One per week	Two per week
		Bowfin, Gar		
Black crappie	One per month	One per week		
Lake Mann	Orange	Black crappie, Bluegill,	Two per week	Two per week
		Largemouth bass,		
		Bowfin, Gar, Redear sunfish		
Lake Margaret	Putnam	Bluegill, Redear sunfish	One per month	One per week
		Largemouth bass,	DO NOT EAT	DO NOT EAT
		Bowfin, Gar,		

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Marian	Osceola	Bluegill	Two per week	Two per week
		Brown bullhead		
		Redear sunfish		
		Black crappie	One per week	Two per week
Lake Marion	Polk	Largemouth bass, Bowfin, Gar	One per month	Two per week
		Bluegill	Two per week	Two per week
		Black crappie, Warmouth	One per month	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Mary Jane	Orange	Bluegill, Redear sunfish	One per month	One per week
		Black crappie, Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Lake Miccosukee	Jefferson, Leon	Bluegill,	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	Two per week
Lake Minnehaha	Orange	Bluegill, Redbreast sunfish, Redear sunfish, Warmouth	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
		Black crappie	One per month	One per week
Lake Minnehaha	Lake	Bluegill, Channel catfish	One per month	One per week
		Yellow bullhead	One per month	One per month
		Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Lake Minneola	Lake	Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Miona	Sumter	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	Two per week
Lake Mirror	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black Crappie	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	Two per week
Lake Mizell	Orange	Bluegill, Redbreast sunfish, Redear sunfish, Warmouth	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
		Black crappie	One per month	One per week
Lake Monroe	Seminole, Volusia	Black crappie, Bluegill, Brown bullhead, Striped bass	Two per week	Two per week
		Redear sunfish	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
		Redbreast sunfish, Warmouth	One per month	One per week
Lake Munson (See Table 3 for PCBs advisory)	Leon	Redear sunfish	One per week	One per week
		Black crappie, Largemouth bass, Bowfin, Gar	One per month	One per week

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Norris	Lake	Redear sunfish	One per week	Two per week
		Bluegill	One per month	Two per week
Lake Octahatchee	Hamilton	Bluegill	One per month	One per week
		Largemouth bass, Bowfin, Gar	DO NOT EAT	DO NOT EAT
Lake Okahumpka	Sumter	Bluegill, Redear sunfish	Two per week	Two per week
Lake Okeechobee	Gladys, Hendry, Martin, Okeechobee, Palm Beach	Brown bullhead, Channel catfish, Redear sunfish, White catfish	Two per week	Two per week
		Black crappie, Bluegill, Largemouth bass less than 13 inches	One per week	One per week
		Largemouth bass 18 inches or more, Bowfin, Gar	One per month	One per week
Lake Olivia	Highlands	Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Lake Osborne	Palm Beach	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
Lake Osceola	Orange	Bluegill, Redbreast sunfish, Redear sunfish, Warmouth	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
		Black crappie	One per month	One per week
Lake Palmer	Orange	Bluegill	One per week	Two per week
		Black crappie, Redear sunfish	One per week	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Panasoffkee	Sumter	Redear sunfish, Bluegill	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	Two per week
Lake Parker	Polk	Black crappie	Two per week	Two per week
		Bluegill		
		Brown bullhead		
		Redear sunfish		
		Largemouth bass, Bowfin, Gar		
Lake Pasadena	Pasco	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Pierce	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Chain pickerel	One per month	Two per week
		Black crappie, Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Placid	Highlands	Black crappie	One per month	One per week
		Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Lake Poinsett	Brevard, Orange, Osceola	Black crappie, Brown bullhead, Channel catfish, White catfish	Two per week	Two per week
		Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Ponte Vedra	St. Johns	Red drum	Two per week	Two per week
Lake Renfro (St. Marks Wildlife Refuge)	Wakulla	Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Rochelle	Polk	Bluegill, Redear sunfish, Black crappie	Two per week	Two per week
		Largemouth Bass	One per week	Two per week
Lake Rousseau	Citrus	Bluegill, Redear sunfish, Black crappie	Two per week	Two per week
		Warmouth, Chain pickerel, Largemouth bass, Bowfin, Gar	One per week	Two per week
Lake Rowell	Bradford	Redear sunfish, Bluegill	Two per week	Two per week
		Warmouth	One per week	Two per week
		Largemouth bass	One per month	Two per week
		Bowfin, Gar,		
Lake Russell	Osceola	Bluegill, Redear sunfish	One per month	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
		Black crappie	DO NOT EAT	One per month
Lake Sampson	Bradford	Bluegill, Redear sunfish	One per week	Two per week
		Chain Pickerel	One per month	One per week
		Black crappie, Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Santa Fe	Alachua	Redear sunfish, Bluegill	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Sawgrass	Brevard	Black crappie, Brown bullhead, Channel catfish, White catfish	Two per week	Two per week
		Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Sebring	Highlands	Black crappie	One per month	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Seminole (Jim Woodruff Reservoir)	Jackson	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Seminole	Pinellas	Channel catfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar		
Lake Shangri-La	Hillsborough	Largemouth bass,	One per month	One per week
		Bowfin, Gar		
Lake Sheen	Orange	Bluegill	One per week	Two per week
		Black crappie, Redear sunfish	One per week	One per week
		Largemouth bass,	One per month	One per month
		Bowfin, Gar		
Lake Shipp	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	Two per week
Lake Stone	Escambia	Bluegill,	Two per week	Two per week
		Largemouth Bass	One per month	One per week
Lake Sue	Orange	Bluegill, Redbreast sunfish,	Two per week	Two per week
		Redear sunfish, Warmouth		
		Largemouth bass,	One per week	Two per week
		Bowfin, Gar		
Black crappie	One per month	One per week		
Lake Summit	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	Two per week
Lake Sylvan	Seminole	Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Lake Talquin	Gadsden, Leon	Bluegill	One per week	Two per week
		Redear sunfish	One per month	Two per week
		Black crappie	One per month	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
Lake Tarpon	Pinellas	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	Two per week
Lake Tibet	Orange	Bluegill	One per week	Two per week
		Black crappie, Redear sunfish	One per week	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per month

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Thonotosassa	Hillsborough	Black crappie, Bluegill, Channel catfish, Redear sunfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
Lake Tohopekaliga	Orange, Osceola	Brown bullhead	Two per week	Two per week
		Bluegill, Redear sunfish	One per week	Two per week
		Chain pickerel	One per month	Two per week
		Black crappie, Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Tom John	Leon	Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Trafford	Collier	Black crappie	Two per week	Two per week
		Largemouth bass less than 14 inches	One per month	Two per week
		Largemouth bass 14 inches or more, Bowfin, Gar	One per month	One per week
Lake Tsala Apopka	Citrus	Bluegill	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Victor	Holmes	Bluegill,	Two per week	Two per week
		Largemouth bass	One per week	Two per week
Lake Virginia	Orange	Bluegill, Redbreast sunfish, Redear sunfish, Warmouth	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
		Black crappie	One per month	One per week
Lake Wales	Polk	Largemouth bass, Bowfin, Gar	One per week	Two per week
Lake Walk-in-water	Polk	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie	One per month	Two per week
		Largemouth bass less than 15 inches	One per month	One per week
		Largemouth bass 24 inches or more, Bowfin, Gar	DO NOT EAT	DO NOT EAT
Lake Washington	Brevard	Black crappie, Brown bullhead, Channel catfish, White catfish	Two per week	Two per week
		Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Wauberg	Alachua	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
Lake Weir	Marion	Bluegill, Redear sunfish	One per week	Two per week
		Warmouth	One per month	Two per week
		Black crappie, Chain pickerel, Largemouth bass, Bowfin, Gar	One per month	One per week
Lake Wilson	Hillsborough	Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Winder	Brevard, Osceola	Black crappie, Bluegill, Brown bullhead, Striped bass	Two per week	Two per week
		Redear sunfish	One per week	Two per week
		Largemouth bass, Bowfin, Gar,	One per month	One per week
		Redbreast sunfish, Warmouth		
Lake Winterset	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass, Bowfin, Gar, Redbreast sunfish, Warmouth	One per month	Two per week
Lake Woodruff National Wildlife Refuge (including Lakes Woodruff, Dexter, and Spring	Lake, Volusia	Brown bullhead, Redear sunfish, White catfish	Two per week	Two per week
		Black crappie, Bluegill	One per week	Two per week
		Warmouth	One per month	Two per week
		Largemouth bass, Bowfin, Gar, Yellow bullhead	One per month	One per week
Lake Yale	Lake	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Little Econlockhatchee River	Orange, Seminole	Bluegill	Two per week	Two per week
		Redbreast sunfish, Redear sunfish	One per week	Two per week
		Largemouth Bass, Bowfin, Gar, Spotted sunfish	One per month	One per week
Little Fish Lake	Orange	Bluegill	One per week	Two per week
		Black crappie, Redear sunfish	One per week	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
Little Manatee River	Hillsborough	Bluegill	Two per week	Two per week
		Redear sunfish, Spotted sunfish	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Little Orange Lake	Alachua	Redear sunfish	One per week	Two per week
		Bluegill	One per month	Two per week
		Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
Loxahatchee National Wildlife Refuge	Palm Beach	Bluegill, Redear sunfish	One per week	Two per week
		Mayan cichlid, Warmouth	One per month	Two per week
		Largemouth bass less than 14 inches	One per month	One per week
		Largemouth bass 14 inches or more, Bowfin, Gar	DO NOT EAT	DO NOT EAT
Manatee Lake	Manatee	Bluegill	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Martin Lake	Bay	Largemouth bass,	One per month	Two per week
		Bowfin, Gar		
Meritts Mill Pond	Jackson	Bluegill, Largemouth bass,	Two per week	Two per week
		Redear sunfish		
Middle Lake	Pasco	Bluegill	One per week	One per week
		Largemouth bass,	One per month	One per week
		Bowfin, Gar		
Milldam Lake	Marion	Bluegill	One per month	Two per week
		Redear sunfish,	One per month	One per week
		Black crappie		
		Largemouth bass,	DO NOT EAT	One per month
Moore Lake	Leon	Largemouth bass,	One per month	One per month
		Bowfin, Gar		
Myakka River	Charlotte, Manatee, Sarasota	Redear sunfish	One per week	Two per week
		Bluegill	One per month	Two per week
		Largemouth bass,	One per month	One per week
		Bowfin, Gar, Spotted sunfish, Warmouth		
Mystic Lake	Liberty	Largemouth bass,	One per month	One per month
		Bowfin, Gar		
New River, North Fork	Broward	Black mullet, Blue tilapia,	Two per week	Two per week
		Snook, Spotted tilapia		
		Big mouth sleeper, Mayan cichlid	One per week	Two per week
Newnans Lake	Alachua	Black crappie, Bluegill,	One per week	Two per week
		Brown bullhead		
		Largemouth bass,	One per month	One per month
Ocean Way Pond	Duval	Bowfin, Gar		
		Bluegill	Two per week	Two per week
Ocean Pond	Baker	Bluegill	One per week	Two per week
		Redear sunfish	One per month	One per week
		Largemouth bass,	DO NOT EAT	One per month
		Bowfin, Gar,		
Ocheese Pond	Jackson	Bluegill	One per month	Two per week
		Largemouth bass,	One per month	One per month
		Bowfin, Gar		
Ochlockonee River south of Lake Talquin Dam	Franklin, Leon, Liberty, Wakulla	Bluegill, Redbreast sunfish	One per month	One per week
		Flathead catfish, Redear sunfish, Warmouth	One per month	One per month
		Largemouth bass,	DO NOT EAT	One per month
		Bowfin, Gar		
Ochlockonee River north of US 90 bridge	Gadsden, Leon	Bluegill, Redbreast sunfish, Redear sunfish, Spotted sunfish, Warmouth	One per month	One per week
		Black crappie	One per month	One per month
		Flathead catfish, Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Oklawaha River	Lake, Marion, Putnam	Bluegill	Two per week	Two per week
		Redbreast sunfish, Redear sunfish, Spotted sunfish	One per week	Two per week
		Largemouth bass,	One per month	One per week
		Bowfin, Gar		
Okecheelee Fish Management Area	Palm Beach	Bluegill	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
Orange Lake	Alachua	Bluegill, Brown bullhead, Redear sunfish, Largemouth bass less than 15 inches	Two per week	Two per week
		Black crappie, Warmouth	One per week	Two per week
		Largemouth bass 24 inches or more, Bowfin, Gar	One per month	One per week
Palestine Lake	Union	Bluegill	One per month	Two per week
		Largemouth bass,	One per month	One per week
		Bowfin, Gar		
Palm Lake Fish Management Area	St. Lucie	Redear sunfish	Two per week	Two per week
		Channel catfish	One per week	Two per week
Pate Lake	Washington	Largemouth Bass	DO NOT EAT	One per month
Peace River	Charlotte, Desoto, Hardee, Polk	Brown bullhead	One per month	Two per week
		Bluegill, Redear sunfish, Spotted sunfish, Warmouth, Yellow bullhead	One per month	Two per week
		White catfish	One per month	One per week
		Channel catfish, Largemouth bass, Bowfin, Gar	One per month	One per month
Perdido River	Escambia	Bluegill, Redear sunfish	One per month	Two per week
		Largemouth bass,	One per month	One per month
		Bowfin, Gar		
Picnic Lake	Polk	Largemouth bass,	Two per week	Two per week
		Bowfin, Gar		
Piney Z Lake	Leon	Redear sunfish, Warmouth	Two per week	Two per week
		Bluegill, Brown bullhead	One per week	Two per week
Pocket Lake	Orange	Bluegill	One per week	Two per week
		Black crappie, Redear sunfish	One per week	One per week
		Largemouth bass,	One per month	One per month
		Bowfin, Gar		
Porter Lake	Washington	Bluegill	One per month	Two per week
		Warmouth	DO NOT EAT	One per month
		Largemouth bass,	DO NOT EAT	DO NOT EAT
		Bowfin, Gar		
Puzzle Lake	Seminole, Volusia	Black crappie, Brown bullhead, Channel catfish, White catfish	Two per week	Two per week
		Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass,	One per month	One per week
		Bowfin, Gar		

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Red Beach Lake	Highlands	Bluegill	One per week	Two per week
		Largemouth bass,	One per month	One per month
		Bowfin, Gar		
Red Bug Slough	Sarasota	Blue tilapia, Bluegill,	Two per week	Two per week
		Redear sunfish,		
		Largemouth bass		
Reedy Lake	Polk	Black crappie, Bluegill,	Two per week	Two per week
		Redear sunfish	One per month	Two per week
		Largemouth bass,		
		Bowfin, Gar		
Rodman Reservoir	Putnam	Brown bullhead, Redear sunfish	Two per week	Two per week
		Bluegill	One per week	Two per week
		Largemouth bass,	One per month	One per week
		Bowfin, Gar		
Sand Hammock Pond	Holmes	Largemouth bass,	One per month	One per week
		Bowfin, Gar		
Santa Fe River – Lower	Alachua, Columbia, Gilchrist, Suwannee	Bluegill, Channel catfish	One per week	Two per week
		Redbreast sunfish, Redear sunfish	One per month	Two per week
		Spotted sunfish		
		Brown bullhead		
		Largemouth bass,	DO NOT EAT	One per month
Bowfin, Gar				
Santa Fe River – Upper	Alachua, Bradford, Columbia, Union	Bluegill, Redbreast sunfish	One per month	Two per week
		Black crappie, Channel catfish, Redear sunfish,	One per month	One per week
		Spotted sunfish, Warmouth	DO NOT EAT	One per month
		Largemouth bass,		
		Bowfin, Gar		
Shoal River	Okaloosa, Santa Rosa	Longear sunfish	One per week	Two per week
		Bluegill	One per month	Two per week
		Chain pickerel, Redear sunfish, Warmouth	One per month	One per week
		Largemouth bass,	One per month	One per month
		Bowfin, Gar		
Smith Lake	Marion	Largemouth bass,	DO NOT EAT	One per month
		Bowfin, Gar		
Sopchoppy River	Wakulla	Largemouth bass, Bowfin, Gar	DO NOT EAT	One per month
South Lake	Brevard	Brown bullhead, Redear sunfish	Two per week	Two per week
		Black crappie, Bluegill	One per week	Two per week
		Largemouth bass,	One per month	One per week
		Bowfin, Gar		

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Spring Lake	Seminole	Brown bullhead, Redear sunfish, White catfish	Two per week	Two per week
		Black crappie, Bluegill	One per week	Two per week
		Warmouth	One per month	Two per week
		Largemouth bass, Bowfin, Gar, Yellow bullhead	One per month	One per week
St. Augustine Fish Management Area	Duval	Largemouth bass,	One per week	Two per week
		Bowfin, Gar		
St. Augustine Road pond	Duval	Bluegill	Two per week	Two per week
St. Johns River North of SR 415 to Green Cove Springs, including Lakes George & Monroe	Clay, Flagler, Lake,	Black crappie, Bluegill, Brown bullhead, Striped bass	Two per week	Two per week
	Marion, Putnam, Seminole	Redear sunfish	One per week	Two per week
	St. Johns, Volusia	Largemouth bass, Bowfin, Gar, Redbreast sunfish, Warmouth	One per month	One per week
St. Johns River South of SR 415, including Lakes Harney, Puzzle, Poinsett, Winder, Washington,	Brevard, Orange, Osceola	Black crappie, Brown bullhead, Channel catfish, White catfish	Two per week	Two per week
Sawgrass & Hellen Blazes	Seminole, Volusia	Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass,	One per month	One per week
		Bowfin, Gar		
St. Marks River (St Marks Wildlife Refuge)	Leon, Wakulla	Bluegill, Redbreast sunfish, Redear sunfish	Two per week	Two per week
		Spotted sunfish	One per week	Two per week
		Black crappie, Warmouth	One per month	Two per week
		Largemouth bass,	One per month	One per week
		Bowfin, Gar		
St. Mary's River	Baker, Nassau	Redbreast sunfish	One per month	Two per week
		Largemouth bass,	DO NOT EAT	One per month
		Bowfin, Gar, White catfish		
Starke Lake	Orange	Bluegill	Two per week	Two per week
		Largemouth Bass,	One per week	Two per week
		Bowfin, Gar		
Steinhatchee River	Dixie, Lafayette, Taylor	Spotted sunfish	One per month	Two per week
		Largemouth bass,	One per month	One per week
		Bowfin, Gar, Redbreast sunfish		
Suwannee River system, (including Alapaha, Suwannee, and Withlacoochee Rivers) [See separate advisories for Santa Fe River above]	Alachua, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Madison, Suwannee, Union	Spotted bullhead, White catfish	One per week	Two per week
		Redbreast sunfish, Redear sunfish	One per month	Two per week
		Bluegill, Brown bullhead, Channel catfish	One per month	One per week
		Black crappie, Largemouth bass, Bowfin, Gar, Spotted sunfish	One per month	One per month
Sweet Water Creek	Calhoun, Liberty	Largemouth bass,	DO NOT EAT	One per month
		Bowfin, Gar		

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Tamiami Canal West of Miami-Dade/Collier counties line	Collier	Mayan cichlid	One per month	One per week
Tamiami Canal (WCA3) West of SR 997 (Krome Ave.) to Miami-Dade/Collier counties line	Miami-Dade	Mayan cichlid	Two per week	Two per week
		Bluegill, Redear sunfish	One per week	Two per week
		Spotted sunfish, Warmouth	One per month	One per week
		Largemouth bass less than 14 inches	One per month	One per month
Tenoroc Fish Management Area: Lake 5	Polk	Largemouth bass,	One per month	Two per week
		Bowfin, Gar		
Tenoroc Fish Management Area: Lake B	Polk	Largemouth bass,	One per month	Two per week
		Bowfin, Gar		
Tiger Lake	Polk	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie, Largemouth bass, Bowfin, Gar	One per month	One per week
Trout Lake	Lake	Largemouth bass,	One per month	One per week
		Bowfin, Gar		
Turkey Lake	Orange	Black crappie	One per week	Two per week
Turner River Canal	Collier	Florida Gar	One per month	One per week
		Largemouth bass, Bowfin	DO NOT EAT	One per month
Waccasassa River	Levy	Largemouth bass,	One per month	One per month
		Bowfin, Gar		
Wacissa River	Jefferson	Spotted sunfish	One per week	Two per week
		Largemouth bass,	One per month	Two per week
		Bowfin, Gar		
Wakulla River (St Marks Wildlife Refuge)	Wakulla	Bluegill,	Two per week	Two per week
		Redbreast sunfish,		
		Redear sunfish		
		Spotted sunfish	One per week	Two per week
		Black crappie, Warmouth	One per month	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per week
Water Conservation Area 2	Broward, Palm Beach	Warmouth, Bluegill	One per week	Two per week
		Redear sunfish, Butterfly peacock	One per month	Two per week
		Spotted sunfish, Largemouth bass less than 14 inches	One per month	One per week
		Largemouth bass 14 inches or more, Bowfin, Gar,	DO NOT EAT	DO NOT EAT
Water Conservation Area 3A	Broward, Miami-Dade	Bluegill, Largemouth bass less than 14 inches,	One per week	Two per week
		Spotted sunfish, Warmouth	One per month	One per week
		Redear sunfish	Two per week	Two per week
		Butterfly peacock	One per month	Two per week
		Mayan cichlid, Yellow bullhead	One per month	One per week
		Largemouth bass 14 inches or more, Bowfin, Gar	DO NOT EAT	DO NOT EAT
Watertown Lake	Columbia	Bluegill	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
Webb Lake	Charlotte	Bluegill	One per month	Two per week
Weeki Wachee River	Hernando	Largemouth bass,	One per month	One per month
		Bowfin, Gar		

Table 1: Eating Guidelines for Fresh Water Fish from Florida Waters

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Wekiva River	Lake, Orange, Seminole	Bluegill, Redbreast sunfish, Redear sunfish, Warmouth	One per week	Two per week
		Spotted sunfish	One per month	Two per week
		Largemouth bass, Bowfin, Gar,	One per month	One per week
Whitsell Lake	Pinellas	Bluegill	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
Wildcat Lake	Lake	Bluegill	One per month	Two per week
		Warmouth	DO NOT EAT	One per month
Winter Haven Chain of Lakes (Including Lakes Cannon, Eloise, Hartridge, Howard, Idylwild, Jessie, Mirror, Shipp, Summit, Winterset)	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass, Bowfin, Gar	One per month	Two per week
Winter Park Chain of Lakes (including Lakes Minnehaha, Maitland, Osceola, Virginia, Mizell, Berry, Sue)	Orange	Bluegill, Redbreast sunfish, Redear sunfish, Warmouth	Two per week	Two per week
		Largemouth bass, Bowfin, Gar	One per week	Two per week
		Black crappie	One per month	One per week
Withlacoochee River North	Hamilton, Madison	Redear sunfish, White catfish	One per week	Two per week
		Bluegill, Brown bullhead, Channel catfish, Redbreast sunfish	One per month	One per week
		Black crappie, Largemouth bass, Bowfin, Gar	One per month	One per month
Withlacoochee River South	Citrus, Hernando, Levy, Marion, Pasco, Polk, Sumter	Bluegill, Redbreast sunfish	One per month	One per week
		Largemouth bass, Bowfin, Gar	One per month	One per month
Wolf Lake	Highlands	Bluegill	One per month	Two per week
Woodbine Spring Lake	Santa Rosa	Bluegill	One per month	One per week
		Largemouth bass, Bowfin, Gar, Redear sunfish	DO NOT EAT	DO NOT EAT
Yellow River	Escambia, Okaloosa,	Longear sunfish	One per week	Two per week
	Santa Rosa	Bluegill	One per month	Two per week
		Chain pickerel, Redear sunfish, Warmouth	One per month	One per week
	Largemouth bass, Bowfin, Gar	One per month	One per month	

Table 2: Eating Guidelines for Marine and Estuarine Fish From Florida Waters

Water Body	Species	Women of childbearing age, young children Number of Meals	All other individuals Number of Meals
All coastal waters	Almaco jack	One per month	One per month
All coastal waters	Atlantic croaker	Two per week	Two per week
All coastal waters	Atlantic spadefish	One per week	One per week
All coastal waters	Atlantic stingray	One per month	One per week
All coastal waters	Atlantic thread herring	One per week	Two per week
All coastal waters	Atlantic weakfish	One per week	Two per week
All coastal waters	Black drum	One per week	Two per week
All coastal waters	Black grouper	One per month	One per week
All coastal waters	Blackfin tuna	DO NOT EAT	One per month
All coastal waters	Bluefish	One per month	One per week
All coastal waters	Bluntnose sting ray	One per week	Two per week
All coastal waters	Bonefish	One per month	One per week
Florida Bay, Biscayne Bay, and Florida Keys	Crevalle jack	DO NOT EAT	One per month
Remaining coastal waters	Crevalle jack	One per month	One per week
All coastal waters	Cobia	DO NOT EAT	One per month
All coastal waters	Dolphin	One per week	Two per week
All coastal waters	Fantail mullet	Two per week	Two per week
All coastal waters	Florida pompano	One per week	Two per week
All coastal waters	Gafftopsail catfish	One per month	One per week
All coastal waters	Gag	One per month	One per week
Florida Bay, Biscayne Bay, and Florida Keys	Gray snapper	One per month	Two per week
Remaining coastal waters	Gray snapper	One per week	Two per week
All coastal waters	Greater amberjack	One per month	One per week
Florida Bay, Biscayne Bay, and Florida Keys	Great barracuda	DO NOT EAT	One per month
Remaining coastal waters	Great barracuda	One per month	Two per week
All coastal waters	Gulf flounder	One per month	One per week
All coastal waters	Hardhead catfish	One per week	Two per week
All coastal waters	Hogfish	One per week	Two per week
All coastal waters	King mackerel less than 31 inches fork length	DO NOT EAT	One per month
All coastal waters	King mackerel 31 or more inches fork length	DO NOT EAT	DO NOT EAT
All coastal waters	Ladyfish	One per month	One per week
All coastal waters	Lane snapper	One per month	Two per week
All coastal waters	Little tunny	DO NOT EAT	One per month
All coastal waters	Lookdown	One per week	Two per week
All coastal waters	Mutton snapper	One per month	One per week
All coastal waters	Pigfish	One per week	Two per week

Table 2: Eating Guidelines for Marine and Estuarine Fish From Florida Waters

Water Body	Species	Women of childbearing age, young children Number of Meals	All other individuals Number of Meals
All coastal waters	Pinfish	One per month	Two per week
Florida Bay, Biscayne Bay, and Florida Keys	Red drum	One per month	One per week
Remaining coastal waters	Red drum	One per month	Two per week
All coastal waters	Red grouper	One per month	One per week
All coastal waters	Red snapper	One per week	Two per week
All coastal waters	Sand seatrout	One per month	One per week
All coastal waters	Scamp	One per month	One per week
All coastal waters	Shark, all species less than 43 inches	DO NOT EAT	One per month
All coastal waters	Shark, all species 43 inches or more	DO NOT EAT	DO NOT EAT
All coastal waters	Sheepshead	One per month	Two per week
All coastal waters	Silver perch	One per month	One per week
All coastal waters	Skipjack tuna	One per month	Two per week
Florida Bay, Biscayne Bay, and Florida Keys	Snook	One per month	One per month
Remaining coastal waters	Snook	One per month	One per week
All coastal waters	Snowy grouper	One per month	One per month
All coastal waters	Southern flounder	One per week	Two per week
All coastal waters	Spanish mackerel	One per month	One per week
All coastal waters	Spot	One per week	Two per week
Florida Bay, Biscayne Bay, and Florida Keys	Spotted seatrout	One per month	One per month
Remaining coastal waters	Spotted seatrout	One per month	One per week
All coastal waters	Southern kingfish	One per month	Two per week
All coastal waters	Striped mullet	Two per week	Two per week
All coastal waters	Striped mojarra	Two per week	Two per week
All coastal waters	Tarpon	One per week	Two per week
Florida Bay, Biscayne Bay, and Florida Keys	Tripletail	One per month	One per week
Remaining coastal waters	Tripletail	One per month	Two per week
All coastal waters	Vermillion snapper	One per week	Two per week
All coastal waters	Wahoo	One per month	One per week
All coastal waters	White grunt	One per month	One per week
All coastal waters	White mullet	Two per week	Two per week
All coastal waters	Yellow-edge grouper	One per month	Two per week
All coastal waters	Yellowfin tuna	One per month	Two per week
All coastal waters	Yellowtail Snapper	One per week	Two per week

Table 3. Fish Consumption Advisories for Dioxin, PCBs, Pesticides, and Saxitoxin

WATER BODY	CONTAMINANT	COUNTY	SPECIES	EVERYONE
Emeralda Marsh Area 7	Pesticides	Lake	Largemouth bass, Bowfin, Gar, Brownbullhead Catfish	DO NOT EAT
	Pesticides	Lake	Black crappie	ONE MEAL PER MONTH
Escambia River south of SR 184 to mouth of river	PCBs	Santa Rosa Escambia	Striped mullet (prepared without skin)	ONE MEAL PER WEEK
Escambia Bay; Upper and Lower	PCBs	Santa Rosa Escambia	Striped mullet (prepared without skin)	ONE MEAL PER WEEK
Lake Apopka	Pesticides	Orange Lake	Brown bullhead Catfish	DO NOT EAT
Lake Munson	PCBs	Leon	Largemouth bass 19 inches or more	ONE MEAL PER MONTH
Wagner Creek	Dioxin	Miami-Dade	Checker puffer fish or Striped mojarra	DO NOT EAT
Indian River Lagoon & all marine waters of the listed counties	Saxitoxin	Brevard St. Lucie Martin Volusia Indian River	All puffer fish	DO NOT EAT