

ORANGE COUNTY Fact Sheet

In 2004,

- The age-adjusted death rate for coronary heart disease is 146.0 deaths per 100,000 population. The state rate is 144.1 deaths per 100,000 population. The Healthy People (HP) 2010 target is 166.0 deaths per 100,000 population.
- The age-adjusted death rate for stroke is 40.9 deaths per 100,000 population. The state rate is 39.3 deaths per 100,000 population. The HP 2010 target is 48.0 deaths per 100,000 population.
- The age-adjusted death rate for diabetes is 19.3 deaths per 100,000 population. The state rate is 20.7 deaths per 100,000 population. The HP 2010 target is 45.0 deaths per 100,000 population.

In 2002,

- The percent of the adult population (18+ years) in the county that is at a healthy weight is 45.1% (95% confidence interval (CI): 40.1, 50.0). The state percent is 42.6% (95% CI: 41.3, 44.0). The county percent is not statistically different from the state percent. The HP 2010 target is 60%.
- The percent of the adult population (18+ years) in the county that is obese is 25.7% (95% CI: 21.3, 30.1). The state percent is 19.4% (95% CI: 18.2, 20.6). The county percent is higher than the state percent. The HP 2010 target is 15%.
- The percent of the adult population (18+ years) in the county that reports engaging in moderate physical activity is 30.8% (95% CI: 26.1, 35.4). The state percent is 33.2% (95% CI: 32.0, 34.4). The county percent is not statistically different from the state percent. The HP 2010 target is 30%. Based on the point estimate of 30.8%, the county has met the HP 2010 target; however, because the target is in the confidence interval of the point estimate, the point estimate will need to be re-evaluated at the next measurement time.
- The percent of the adult population (18+ years) in the county that reports engaging in vigorous physical activity is 19.9% (95% CI: 15.9, 23.8). The state percent is 21.4% (95% CI: 20.1, 22.7). The county percent is not statistically different from the state percent. The HP 2010 target is 30%.
- The percent of the adult population (18+ years) in the county that reports consuming at least 2 servings of fruit per day is 33.4% (95% CI: 28.7, 38.1). The state percent is 34.8% (95% CI: 33.5, 36.0). The county percent is not statistically different from the state percent. The HP 2010 target is 75%.

- The percent of the adult population (18+ years) in the county that reports consuming at least three servings of vegetables per day is 24.8% (95% CI: 20.6, 29.0). The state percent is 28.6% (95% CI: 27.5, 29.7). The county percent is not statistically different from the state percent. The HP 2010 target is 50%.
- The percent of the adult population (18+ years) in the county that reports being told by a doctor or other health professional that their blood pressure is high is 21.8% (95% CI: 17.8, 25.8). The state percent is 26.5% (95% CI: 25.2, 27.8). Because of overlapping confidence intervals, it cannot be determined whether the county percent differs from the state percent without further testing. The HP 2010 target is 16%.
- The percent of the adult population (18+ years) in the county that reports being told by a doctor that they have high cholesterol is 27.4% (95% CI: 22.6, 32.3). The state percent is 34.6% (95% CI: 33.0, 36.2). The county percent is lower than the state percent. The HP 2010 target is 17%.
- The percent of the adult population (18+ years) in the county that reports ever being told by a doctor that they have diabetes is 7.4% (95% CI: 4.9, 10.0). The state percent is 8.2% (95% CI: 7.6, 8.9). The county percent is not statistically different from the state percent. There is no HP 2010 target for this measure.
- The percent of public high school students who are at-risk for overweight is 17.5% (95% CI: 14.8, 20.1). The percent of public high school students who are overweight is 9.4% (95% CI: 7.4, 11.3). The state percents are 15.5% (95% CI: 14.5, 16.4) and 10.6% (95% CI: 9.8, 11.4), respectively. For both at-risk for overweight and overweight, the county percents are not statistically different from the state percents.