



## **MARCH OF DIMES VITAGRANT PROJECT CONSENT TO PARTICIPATE**

The VitaGrant project is an initiative to provide information to women about the importance of taking folic acid and maintaining good health for herself and her family. If you who wish to participate in the project you will receive free multivitamins and information on folic acid and important health issues that may affect you and your family. Participation in the project is voluntary. If you choose not to participate, it will not affect any other services you are receiving or may receive in the future.

Should you choose to participate, you will be asked several questions about your experience with taking vitamins and supplements and questions about what you have heard about folic acid and birth defects. Any information you provide will be kept confidential. The information provided will be shared with the March of Dimes, Florida Chapter, for the purpose of evaluating the success of the project in delivering information and vitamins to women.

Yes, I would like to participate in March of Dimes VitaGrant project and receive free multivitamins and information:

Participant: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

\*A minor may not give consent to participate in the program. Therefore, if a person is younger than 18 years of age, consent of the parent or legal guardian is required, unless the minor is emancipated, married or a client of Family Planning Services per Section 381.0051(5)(a) Florida Statutes